

## Cross Country Award Winners

### Peter Kosgei '10

NCAA Division III All-American  
 NCAA Division III Men's Athlete of the Year  
 NCAA Division III Men's Atlantic Region Athlete of the Year  
 NCAA Atlantic Region All-Region Team  
 NESCAC Most Outstanding Performer  
 NYSCTC Runner of the Year

### Keith Gross '09

NESCAC Fall All-Academic Team

## Cross Country Highlights

2008 - New York State Championships (4th); NCAA Division III Atlantic Regional Championships (10th)  
 2007 - Liberty League Championships (2nd); NYS (5th); Regionals (8th)  
 2000 - NYS (5th); Regionals (8th)  
 1999 - Liberty League Championships (2nd); NYS (3rd); Regionals (10th)  
 1998 - NYS (5th); Regionals (8th)  
 1988 - NESCAC Champions  
 1975 - New York State Champions

## Top Home XC Course Times

Rnk	Time	Name	Yr	Date
1	24:39.9	Peter Kosgei	'10	10/11/08
2	26:53.6	Mac Weiss	'02	11/4/00
3	27:00.4	Allan Guiney	'08	10/8/05
4	27:04.8	Luke Thornblade	'07	10/8/05
5	27:06.2	Will Reid	'10	10/11/08
6	27:13.9	Chris Dunn	'05	10/9/04
7	27:15.4	Keith Gross	'09	9/30/06
8	27:19.8	Scott Bickard	'11	10/11/08
9	27:23.3	Scott Taylor	'01	10/7/00
10	27:27.0	Nathan Arnold	'03	9/18/99
11	27:31.1	Brendan Petty	'09	10/8/05
12	27:36.0	Ryan Murelli	'02	10/6/01
13	27:39.2	Devon Lynch	'11	10/6/07
14	27:39.4	Rob Taylor	'07	10/8/05
15	27:45.8	Kevin Kerr	'10	10/11/08
16	27:46.1	Doug Zeyak	'02	11/4/00
17	27:47.4	Cuffie Winkler	'10	10/11/08
18	27:52.2	Andrew Downey	'06	10/8/05
19	27:58.5	John Damaske	'02	11/4/00
20	27:59.7	Sam Brown	'01	11/4/00

## 2009 Track & Field Awards

### TiDelco Ductan '09

All-State Outdoor Team (triple jump, 2nd place)  
 All-Liberty League Indoor Team (triple jump, champion)  
 All-State Indoor Team (triple jump, champion)

### Greg Fullman '09

All-NESCAC Outdoor Team (400m hurdles, 2nd place)  
 NESCAC Spring All-Academic Team

### Cam Gaylord '09

All-State Indoor Team (DMR, champion)  
 All-State Outdoor Team (3200m relay, champion)

### James Grebey '12

All-State Outdoor Team (3200m relay, champion)

### Keith Gross '09

All-State Indoor Team (DMR, champion)  
 NESCAC Spring All-Academic Team

### Jon Higginbotham '11

NESCAC Field Performer of the Week (4/6)

### Peter Kosgei '10

NCAA Division III Indoor All-American (mile, champion)  
 NCAA Division III Outdoor All-American (champion in steeplechase, 5000m)

NCAA Division III Men's Outdoor Track Athlete of the Year  
 Atlantic Region Men's Outdoor Track Athlete of the Year  
 NESCAC Most Outstanding Male Performer at Outdoor Meet  
 All-NESCAC Team (champion in 800m, 1500m)  
 NESCAC Track Performer of the Week (4/6, 4/27)  
 Liberty League Indoor Track Performer of the Year  
 All-State Indoor Team (champion in mile, DMR)  
 All-State Outdoor team (3200m relay, champion)  
 All-Liberty League Indoor Team (champion in mile, 800m)

### Josh Orndorff '11

All-NESCAC Outdoor Team (shot put, 3rd place)  
 All-State Indoor Team (shot put, 3rd place)

### James Russell '09

All-NESCAC Outdoor Team (pole vault, champion)  
 All-State Outdoor Team (pole vault, 2nd place)  
 All-Liberty League Indoor Team (pole vault, 2nd place)

### Cuffie Winkler '10

All-State Indoor Team (DMR, champion)  
 All-State Outdoor Team (3200m relay, champion)

## All-Americans

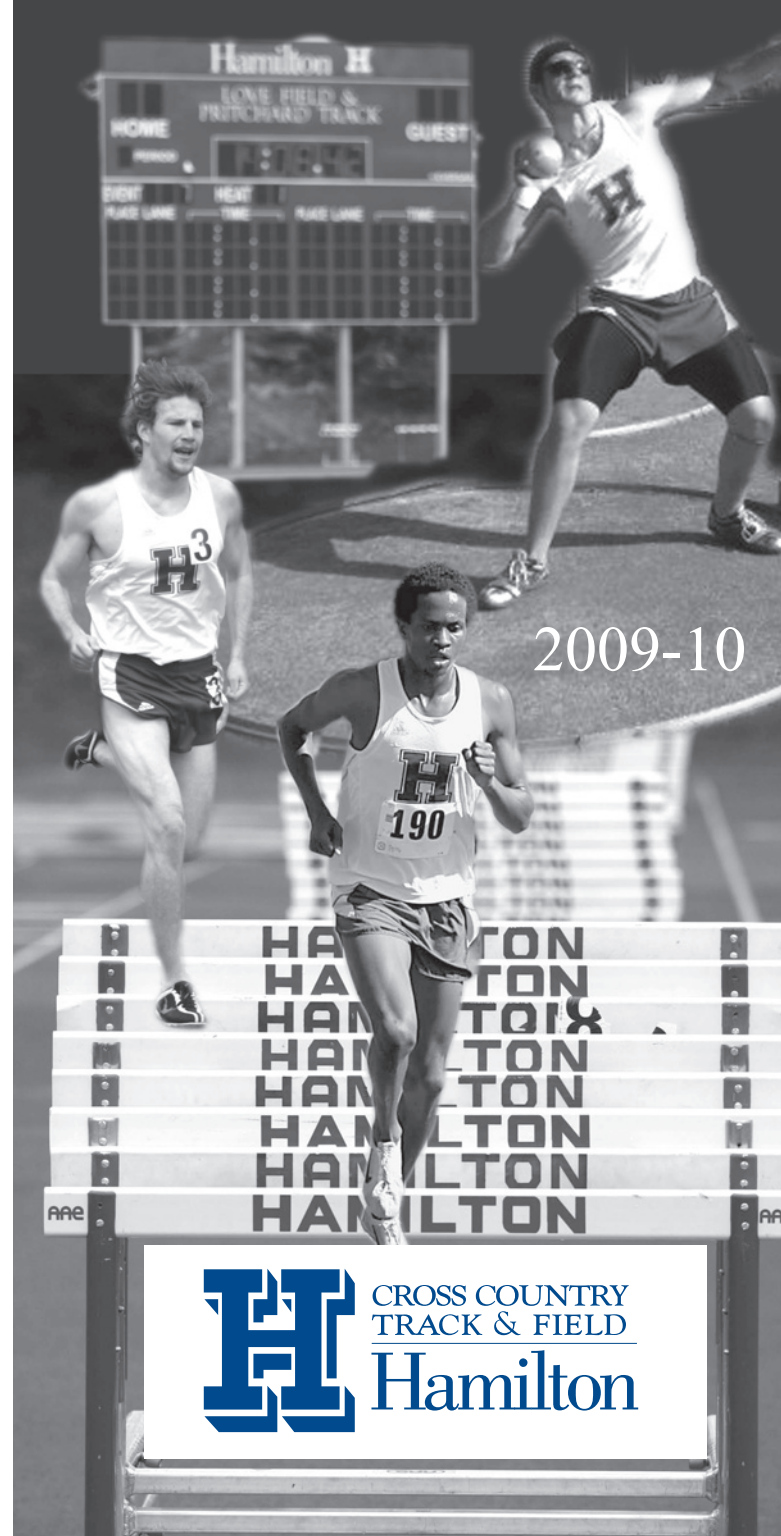
Peter Kosgei (3,000-meter steeplechase, 2007/2008/2009;  
 outdoor 5000m, 2008/2009; mile, 2008/2009; indoor 800m, 2008;  
 cross country, 2007/2008)

Jon Schmeyer (Cross Country, 1975)  
 Tom Carr III (Track and Field, 1971)  
 Drew Ramsey (440-yard dash, 1966)



Peter Kosgei '10 has won nine NCAA Division III National Titles. He holds ten track & field school records and the fastest time on the home cross-country course.

## Walter H. Pritchard Track



**H** CROSS COUNTRY  
 TRACK & FIELD  
 Hamilton

## Coaching Staff



### Head Coach Brett Hull

Brett Hull is in his 19th season as head coach of the Hamilton College men's cross country and track and field programs. Hull has developed 20 All-Americans who have garnered 10 national championships during his career. Peter Kosgei '10 is a nine-time NCAA Division III champion. The U.S. Track and Field and Cross Country Coaches Association named Kosgei the Division III athlete of the year

in cross country in 2008. He earned indoor track athlete of the year honors in 2008 and was selected outdoor track athlete of the year in 2008 and 2009.

Hull guided his athletes to 22 all-conference honors and five school records during the 2008-09 season. He has coached Hamilton indoor and outdoor track and field athletes to 80 individual conference titles. A total of 31 school records have been broken or tied since Hull arrived in 1991.

Hull has led Hamilton's cross country teams to five top-five finishes in the New York State Collegiate Track Conference championships. Academic performance is important in Hull's program as two student-athletes made the New England Small College Athletic Conference All-Academic Team a total of three times in 2008-09.

Hull was the head cross country and track and field coach at SUNY Cortland and SUNY Plattsburgh before arriving at Hamilton. He was named the SUNYAC Coach of the Year while at Cortland in 1985-86. Hull is a USATF Level I and Level II certified coach.

Hull is the recipient of bachelor's and master's degrees from Frostburg State University in Maryland. He resides in New Hartford with his wife Ellen, who is Hamilton's head women's cross country and track and field coach. They have two daughters, Emily and Juliet.

### Assistant Coaches

Steve Bellona (Distance)

Caitlin Bradley (Cross Country & Track and Field Assistant Coach/Intern)

Bill Spicer (Throws)

Jerry Tine (Pole Vault/Jumps)

Jake Tyksinski (Throws)

## Numbers to Know

Admission Office	1-800-843-2655
Financial Aid	1-800-859-4413
Athletics	315-859-4114
Athletics Department FAX	315-859-4117
Brett Hull, Head Coach	315-859-4759
E-mail address	bhull@hamilton.edu
Mailing Address	198 College Hill Road Clinton, NY 13323

## Student-Athlete Profiles



### Josh Orndorff

*Junior, throws*  
*Rio, W.V./East Hardy High School*  
*Major: Public Policy*

**2009 T&F:** Earned NESCAC all-conference honors for finishing third in the shot put at the outdoor championships ... Picked up all-state honors as he took third place in the shot put at the NYSCTC Indoor Championships. **2008**

**T&F:** Earned varsity letters in both indoor and outdoor track and field seasons. **Other:** Also a member of the football team.

### Peter Kosgei

*Senior, XC, mid-distance & distance*  
*Kapsabet, Kenya/Kapsabet Boys' HS*  
*Major: Chemistry*

*School record-holder in indoor 800m, 1000m, mile, 3000m, 5000m, DMR, outdoor 800m, 1500m, 3000m steeple, 50000m.*

**2009 T&F:** Pushed his career national title total to nine with victories in the mile at the NCAA Indoor Championships and in the steeplechase and the 5000m run at the outdoor championships. ... Named NCAA Division III Men's Outdoor Track Athlete of the Year by the U.S. Track and Field and Cross Country Coaches Association. ... Finished first in the 800 and 1500m and was voted Most Outstanding Male Performer for the NESCAC Outdoor Championships. **2008 XC:** Captured his first NCAA Division III cross country title ... NCAA Division III men's cross country Athlete of the Year. ... Repeated as NESCAC Most Outstanding Performer and NYSCTC Runner of the Year. **2008 T&F:** Won four national titles -- indoor 800m, mile run, outdoor 3000m steeple, 5000m run. ... NCAA Division III Runner of the Year. ... NESCAC Most Outstanding Performer in outdoor track. **2007 XC:** Earned first cross country All-America honor with second place finish at NCAA Division III championship. ... NCAA Division III Atlantic Region Men's Cross Country Athlete of the Year. ... NESCAC Most Outstanding Performer. **2007 T&F:** Won the 3,000-meter steeplechase at NCAA Division III championships for his first national title.



### Will Reid

*Senior, cross country & distance*  
*Wellesley, Mass./Deerfield Academy*  
*Major: Economics and Music*

**2009 T&F:** Finished eighth in the 10,000m at the NESCAC outdoor championships ... Finished second of 24 runners in the 5,000m at the Continental Invitational. **2008 XC:** Holds the fifth best time on the home cross country course with a at 27:06.2. **2007 XC:** Earned Liberty League Second Team All-Conference honors.

## Track and Field Records

Event	Time	Name	Date
<b>INDOOR</b>			
55m	6.51	Simmons	3/20/82
60m	7.14	Russell	2/22/03
55m Hurdles	7.8 (ht)	Richardson	3/6/93
60m Hurdles	8.58	Richardson	2/12/93
200m	22.45	Olamide Harrison '04	2/28/04
300m	36.1	Andy Wertz	2/14/81
400m	49.59	Olamide Harrison '04	2/28/04
500m	1:06.70	Sabo	3/4/00
800m	1:51.97	Peter Kosgei '10	3/15/08
1000m	2:25.51	Peter Kosgei '10	2/2/08
1500m	3:56.82	Bartlett	3/4/89
<b>Mile</b>	<b>4:08.58</b>	<b>Peter Kosgei '10</b>	<b>3/14/09</b>
3000m	8:26.22	Peter Kosgei '10	1/19/08
5000m	14:26.66	Peter Kosgei '10	12/1/07
800m Relay	1:32.10	Harrison, Schwam, Russell, Lynch	3/4/05
1600m Relay	3:26.15	Schwam, Harrison, Dunn, Gaylord	2/28/04
3200m Relay	7:55.47	Rest, Berkes, Brower, Tortolani	3/17/84
<b>DMR</b>	<b>10:10.85</b>	<b>Gaylord, Winkler, Gross, Kosgei</b>	<b>2/27/09</b>
Long Jump	7.11m	Sosa	1/16/99
Shot Put	15.83m	Jasinski	3/8/80
High Jump	1.98m	Alleyne	3/3/84
<b>Triple Jump</b>	<b>14.60m</b>	<b>TiDelco Ductan '09</b>	<b>2/28/09</b>
<b>Pole Vault</b>	<b>4.57</b>	<b>James Russell '09</b>	<b>1/24/09</b>
35# Weight	15.31m	Fisher	3/4/89
Pentathlon	3181 pts.	Alleyne	3/10/85
<b>OUTDOOR</b>			
100m	10.6 (ht)	Simmons	4/28/82
	10.84	Olamide Harrison '05	4/30/04
110m Hurdles	14.70	Richardson	5/8/93
200m	22.02	Olamide Harrison '05	4/10/04
400m	49.38	Will Lynch '06	5/5/06
400m Hurdles	54.4 (ht)	Welch	4/22/79
800m	1:48.72	Peter Kosgei '10	5/3/08
1,500m	3:50.78	Peter Kosgei '10	4/12/08
3,000m Steeple	8:43.78	Peter Kosgei '10	4/24/08
5,000m	14:30.35	Peter Kosgei '10	5/8/08
10,000m	30:40.0 (ht)	Schmeyer	5/11/74
400m Relay	42.43	Russell, Harrison, Huling, Schwam	4/10/04
1,600m Relay	3:19.92	Thompson, Schwam, Dunn, Harrison	5/03/03
3,200m Relay	7:52.12	Guiney '08, Gaylord, Dunn, Sullivan	5/6/05
DMR	10:29.0 (ht)	Bartlett, Welch, Duncan, Button	4/15/89
Long Jump	7.11m	Simmons	5/7/82
Triple Jump	13.94m	Tremlett	5/4/91
High Jump	1.98m	Sheehan	5/8/82
		Falkenberg	4/8/92
<b>Pole Vault</b>	<b>4.74m</b>	<b>James Russell '09</b>	<b>4/25/09</b>
Shot Put	15.93m	Jasinski	5/10/80
Discus	45.44m	Fisher	5/8/87
Hammer	53.40m	Morganthaler	4/15/84
Javelin	52.30m	Bopp	5/2/97
Decathlon	6,003 pts.	Romaine	5/15/76

## The 2009-10 Schedule



### Cross Country

<b>Sept. 12</b>	<b>Hamilton Short Course Meet</b>	<b>12:00 PM</b>
Sept. 18	SUNY Oneonta Airfield Invitational	5:00 PM
Oct. 2	Lehigh Invitational	TBA
Oct. 3	SUNY Geneseo Invitational	TBA
<b>Oct. 10</b>	<b>Hamilton Invitational</b>	<b>11:00 AM</b>
Oct. 24	NYSCTC Championships at Valley Park (Rochester, N.Y.)	11:00 AM
Nov. 1	NESCAC Championships at Trinity College (Hartford, Conn.)	12:00 PM
Nov. 14	NCAA Atlantic Regional Championships at Letchworth State Park (Geneseo, N.Y.)	11:00 AM
Nov. 21	NCAA Division III Championships at Baldwin-Wallace College (Berea, Ohio)	TBA

### Indoor Track and Field

Dec. 5	at Cornell Relays	TBA
Jan. 16	at RIT	TBA
Jan. 23	at St. Lawrence	TBA
Jan. 30	at Colgate	TBA
Feb. 6	at Syracuse	TBA
Feb. 13	Liberty League Championships at St. Lawrence	TBA
Feb. 20	Cornell Invitational	TBA
Feb. 26-27	NYSCTC Championship at RIT	TBA
March 5-6	ECAC Division III Championship at Smith College	TBA
March 12-13	NCAA Division III Championship at DePauw	TBA

### Outdoor Track and Field

March 27	Ithaca College Invitational	TBA
April 3	Hamilton Continental Invitational	TBA
April 10	University of Rochester Invitational	TBA
<b>April 17</b>	<b>Hamilton College Invitational</b>	<b>TBA</b>
April 24	NESCAC Championship at Tufts	TBA
April 30-May 1	NYSCTC Championship at RPI	TBA
May 13-14	ECAC Division III Championship at Springfield	TBA
May 20-22	NCAA Division III Championship at Baldwin-Wallace	TBA

Home events in **BOLD**