

2010 Cross Country Awards

USTFCCCA All-American
Peter Kosgei '11

NCAA Atlantic Region All-Region
Peter Kosgei '11

NESCAC Most Outstanding Performer
Peter Kosgei '11

NESCAC All-Conference
Peter Kosgei '11 (first team)

NYSCTC All-Conference
Scott Bickard '11 (second team)

NESCAC Fall All-Academic Team
Dan Keating '11, Sam Dupuis '13
Dylan Thayer '13, Hashem Zikry '13

Cross Country Highlights

2008 - NYS (4th); Regionals (10th)
2007 - Liberty League Championships (2nd); NYS (5th);
Regionals (8th)
2000 - NYS (5th); Regionals (8th)
1999 - Liberty League Championships (2nd); NYS (3rd);
Regionals (10th)
1998 - NYS (5th); Regionals (8th)
1988 - NESCAC Champions
1975 - New York State Champions

Top Home XC Course Times

Rnk	Time	Name	Yr	Date
1	24:39.9	Peter Kosgei	'11	10/11/08
2	26:53.6	Mac Weiss	'02	11/4/00
3	26:57.4	Scott Bickard	'11	10/9/10
4	27:00.4	Allan Guiney	'08	10/8/05
5	27:04.8	Luke Thornblade	'07	10/8/05
6	27:06.2	Will Reid	'10	10/11/08
7	27:13.9	Chris Dunn	'05	10/9/04
8	27:15.4	Keith Gross	'09	9/30/06
9	27:22.6	Devon Lynch	'11	10/9/10
10	27:23.3	Scott Taylor	'01	10/7/00
11	27:27.0	Nathan Arnold	'03	9/18/99
12	27:31.1	Brendan Petty	'09	10/8/05
13	27:32.6	James Grebey	'12	10/9/10
14	27:36.0	Ryan Murelli	'02	10/6/01
15	27:39.4	Rob Taylor	'07	10/8/05
16	27:45.8	Kevin Kerr	'10	10/11/08
17	27:46.1	Doug Zeyak	'02	11/4/00
18	27:47.4	Cuffie Winkler	'10	10/11/08
19	27:52.2	Andrew Downey	'06	10/8/05
20	27:58.5	John Damaske	'02	11/4/00

2011 Track & Field Awards

NESCAC All-Conference
Scott Bickard '11 (10,000m, 2nd place)

NYSCTC Outdoor All-Conference
James Grebey '12 (1,500m, 2nd place)

NESCAC All-Academic
Jeffrey Blackburn '13
Sam Dupuis '13
Dan Tempest '13
Dylan Thayer '13
Hashem Zikry '13

NYSCTC Indoor All-Conference
Sampson Reider '14 (400m, 1st place)
Scott Bickard '11 (5,000m, 3rd place)
Jimmy Alexis '13 (Pole Vault, 1st place)

Liberty League All-League
Sampson Reider '14 (400m, 2nd place)
James Grebey '12 (800m, 2nd place)
Jimmy Alexis '13 (Pole Vault, 1st place)
Josh Orndorff '11 (Weight Throw, 2nd place)

Liberty League Track Performer of the Week
Peter Kosgei '11 (1/24, 2/7)
Scott Bickard '11 (1/31)

Liberty League Field Performer of the Week
Jimmy Alexis '13 (12/6, 2/7)
Josh Orndorff '11 (1/31)

Liberty League Rookie of the Week
Sampson Reider '14 (1/24, 2/7, 2/21, 2/28)
Jake London '14 (1/31)

Liberty League All-Academic Team
Jimmy Alexis '13
Ethan Ayres '13
Jeffrey Blackburn '13
Dan Coulter '13
Cooper Creagan '13
Sam Dupuis '13
James Grebey '12
Dan Keating '11
Devon Lynch '11
Josh Orndorff '11
Stephen Rosenman '13
Jake Taylor '13
Dylan Thayer '13
Todd Woodworth '12
Hashem Zikry '13

All-Americans

Peter Kosgei (Cross Country, 2007/2008/2010; 3,000-meter steeplechase, 2007/2008/2009; Outdoor 5000m, 2008/2009; Mile, 2008/2009; Indoor 800m, 2008)
Jon Schmeyer (Cross Country, 1975)
Tom Carr III (Track and Field, 1971)
Drew Ramsey (440-yard dash, 1966)



Peter Kosgei '11 captured nine NCAA Division III titles and 11 All-America honors. He holds 10 track & field school records and the fastest 8K time on Hamilton's cross country course.

Numbers to Know

Admission Office	1-800-843-2655
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Athletics	315-859-4114
Athletics Department FAX	315-859-4117
Brett Hull, Head Coach	315-859-4759
E-mail address	bhull@hamilton.edu
Mailing Address	198 College Hill Road Clinton, NY 13323



Coaching Staff



Head Coach Brett Hull

Brett Hull is in his 21st season as head coach of the Hamilton College men's cross country and track and field programs. Hull has developed 21 All-Americans who have garnered 10 national championships during his career. Peter Kosgei '10 is a nine-time NCAA Division III champion. The U.S. Track and Field and Cross Country Coaches Association named Kosgei the Division III athlete of the year in cross country in 2008. He earned indoor track athlete of the year honors in 2008 and was selected outdoor track athlete of the year in 2008 and 2009.

Hull guided his athletes to 11 all-conference honors and a school record in 2010-11. He has coached Hamilton indoor and outdoor track and field athletes to 83 individual conference titles. A total of 32 school records have been broken or tied since Hull arrived in 1991.

Hull has led the men's cross country teams to a half-dozen top five finishes in the New York State Collegiate Track Conference championships. Academic performance is important in Hull's program as five student-athletes made the New England Small College Athletic Conference all-academic teams a total of nine times in 2010-11.

Hull was the head cross country and track and field coach at SUNY Cortland and SUNY Plattsburgh before arriving at Hamilton. He was named the SUNYAC coach of the year while at Cortland in 1985-86. Hull is a USATF Level I and Level II certified coach.

Hull is the recipient of bachelor's and master's degrees from Frostburg State University in Maryland. He resides in New Hartford with his wife Ellen, who is Hamilton's head women's cross country and track and field coach. They have two daughters, Emily and Juliet.

Steve Bellona

Track and Field Assistant Coach - Distance

John Ostler

Cross Country & Track and Field Assistant Coach/Intern

Jerry Tine

Track and Field Assistant Coach - Pole Vault/Jumps

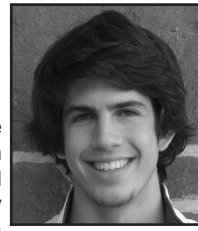
Jake Tyksinski

Track and Field Assistant Coach - Throws

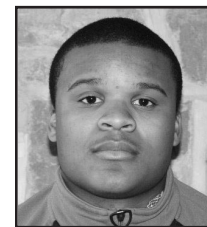
Student-Athlete Profiles

James Grebey

Senior, cross country/track & field
Stamford, Conn./Westhill HS
Majors: Art and Government



2011 XC: Recorded 13th fastest time on home course (27:32.6). **2011 T&F:** Finished second in 1,500m at NYSCTC championships and earned all-conference outdoor honors... Earned Liberty League all-league indoor honors for second in 800m at championship meet. ... Liberty League all-academic team... **2010 T&F:** Second in 800m at league meet to earn all-league indoor honors... NYSCTC all-conference indoor team for 800m ... NYSCTC all-conference outdoor honors for first place in 1500m. **2009 XC:** NESCAC Performer of the Week (9/14). **2009 T&F:** NYSCTC all-conference outdoor team for winning 3200m relay.



Jimmy Alexis

Junior, pole vault
Jacksonville, Fla./Samuel W. Wolfson Sr. HS

2011 T&F: Placed first in the pole vault at the NYSCTC indoor championships and earned all-conference honors... Earned Liberty League all-league honors for a first place finish in the pole vault at the indoor championships ... Liberty League field performer of the week (12/6, 2/7)....

Liberty League all-academic team. **2010 T&F:** Liberty League Rookie of the Week (1/25). ... Finished fourth in the pole vault at the Liberty League indoor championships. ... Fifth in the pole vault at the NYSCTC outdoor championships. ... Sixth in the pole vault at the NESCAC championships.

Jake London

Sophomore, high jump
Boxford, Mass./Masconomet Regional HS

2011 T&F: Liberty League Rookie of the Week (1/31)... Tied for third in high jump at Liberty League indoor championships... Tied for sixth place in high jump at NYSCTC indoor championships... Tied for sixth place in high jump at NESCAC championships... Placed 13th in high jump at NYSCTC outdoor championships.



Sampson Reider

Sophomore, sprints
Slingerlands, N.Y./Bethlehem Central HS

2011 T&F: Placed first in the 400m at NYSCTC indoor championships to earn all-conference honors... Earned Liberty League all-league indoor honors for finishing second in 400m at championship meet... Liberty League Rookie of the Week (1/24, 2/7, 2/21, 2/28).

Track and Field Records

Event	Time	Name	Date
INDOOR			
55m	6.51	Simmons	3/20/82
60m	7.14	Russell	2/22/03
55m Hurdles	7.8 (ht)	Richardson	3/6/93
60m Hurdles	8.58	Richardson	2/12/93
200m	22.45	Olamide Harrison '04	2/28/04
300m	36.1	Andy Wertz	2/14/81
400m	49.59	Olamide Harrison '04	2/28/04
500m	1:06.70	Sabo	3/4/00
800m	1:51.97	Peter Kosgei '11	3/15/08
1000m	2:25.51	Peter Kosgei '11	2/2/08
1500m	3:56.82	Bartlett	3/4/89
Mile	4:08.58	Peter Kosgei '11	3/14/09
3000m	8:19.44	Peter Kosgei '11	2/6/09
5000m	14:26.66	Peter Kosgei '11	12/1/07
800m Relay	1:32.10	Harrison, Schwam, Russell, Lynch	3/4/05
1600m Relay	3:26.15	Schwam, Harrison, Dunn, Gaylord	2/28/04
3200m Relay	7:55.47	Rest, Berkes, Brower, Tortolani	3/17/84
DMR	10:10.85	Gaylord, Winkler, Gross, Kosgei	2/27/09
Long Jump	7.11m	Sosa	1/16/99
Shot Put	15.83m	Jasinski	3/8/80
High Jump	1.98m	Alleyne	3/3/84
Triple Jump	14.60m	TiDelco Ductan '09	2/28/09
Pole Vault	4.57	James Russell '09	1/24/09
35# Weight	15.31m	Fisher	3/4/89
Pentathlon	3181 pts.	Alleyne	3/10/85
OUTDOOR			
100m	10.6 (ht)	Simmons	4/28/82
	10.84	Olamide Harrison '05	4/30/04
110m Hurdles	14.70	Richardson	5/8/93
200m	22.02	Olamide Harrison '05	4/10/04
400m	49.38	Will Lynch '06	5/5/06
400m Hurdles	54.4 (ht)	Welch	4/22/79
800m	1:48.72	Peter Kosgei '11	5/3/08
1,500m	3:50.78	Peter Kosgei '11	4/12/08
3,000m Steeple	8:43.78	Peter Kosgei '11	4/24/08
5,000m	14:30.35	Peter Kosgei '11	5/8/08
10,000m	31:36.70	Scott Bickard '11	4/30/11
400m Relay	42.43	Russell, Harrison, Huling, Schwam	4/10/04
1,600m Relay	3:19.92	Thompson, Schwam, Dunn, Harrison	5/03/03
3,200m Relay	7:52.12	Guiney '08, Gaylord, Dunn, Sullivan	5/6/05
DMR	10:29.0 (ht)	Bartlett, Welch, Duncan, Button	4/15/89
Long Jump	7.11m	Simmons	5/7/82
Triple Jump	13.94m	Tremlett	5/4/91
High Jump	1.98m	Sheehan	5/8/82
		Falkenberg	4/8/92
Pole Vault	4.74m	James Russell '09	4/25/09
Shot Put	15.93m	Jasinski	5/10/80
Discus	45.44m	Fisher	5/8/87
Hammer	53.40m	Morganthaler	4/15/84
Javelin	52.30m	Bopp	5/2/97
Decathlon	6,003 pts.	Romaine	5/15/76

The 2011-12 Schedule



Cross Country

Sept. 10	Hamilton Short Course Meet	12:30 p.m.
Sept. 17	SUNY Oneonta Airfield Invitational	Noon
Oct. 1	SUNY Geneseo Invitational (at Letchworth State Park)	Noon
Oct. 8	Hamilton Invitational	Noon
Oct. 22	NYSCTC Championships (at St. Lawrence)	Noon
Oct. 29	NESCAC Championships at Amherst	Noon
Nov. 12	NCAA Atlantic Regional Championships (at St. Lawrence)	Noon
Nov. 19	NCAA Division III Championships (at Lake Breeze GC; Winneconne, Wisc.)	TBA

Indoor Track and Field

Dec. 3	Cornell Relays	10 a.m.
Jan. 21	Hamilton Invitational	11 a.m.
Jan. 28	Colgate Class of '32 Invitational	10 a.m.
Feb. 4	Hamilton Invitational	11 a.m.
Feb. 11	Cornell Invitational	9 a.m.
Feb. 18	RIT Invitational	9 a.m.
Feb. 24	NYSCTC Championships at Hamilton	1 p.m.
Feb. 25	NYSCTC Championships at Hamilton	9 a.m.
March 2-3	ECAC Division III Championships at New York City Armory	9 a.m.
March 9-10	NCAA Division III Championships at Grinnell College (Grinnell, Iowa)	TBA

Outdoor Track and Field

March 22	RPI Invitational	11 a.m.
March 31	Hamilton Invitational	11 a.m.
April 7	Cornell Invitational	10 a.m.
April 14	University of Rochester Invitational	9 a.m.
April 21	Continental Invitational	11 a.m.
April 28	NESCAC Championships at Bates	9 a.m.
April 29-30	NYSCTC Multis at RPI	TBA
May 4	NYSCTC Championships at University of Rochester	2 p.m.
May 5	NYSCTC Championships at University of Rochester	9 a.m.
May 17-18	ECAC Division III Championships at RPI	10 a.m.