

Preparing and Using Note Cards

Preparing Note Cards

- Use 3x5 notecards and write on only one side of the cards.
- Use visual cues to help divide up information. If your speech has been outlined, use those indicators to set up the organization of your cards
- Use fewer words. Just write enough to job your memory
- Divide information onto separate notecards in a way that makes sense to you. You may want to start a new card for each main point, or put a direct quote on its own card so it stands out to you.
- Include cues (for example: "point to slide" or "pause"); write these in a different color or highlight them so you 1. Introduction recognize that they are not part of your
- Number your cards.

actual speech.

- Use these cards in practice so you are used to the feel and flow. If something isn't working (e.g., you don't understand what you wrote), you can still fix it.
- Consider marking approximate time points on the cards so you can pace yourself during the speech (e.g., when

Make eye contact, start slow!

- 1. Hamilton College
 - a. Founded 1812
 - b. Brief history
- 2. Oral Communication Center
 - a. Scheduling appointments
 - b The staff

you get to Card 3, you should be at about halfway through your speech time. If you are past that, you will need to shorten some of your content).

Handling Note Cards

- Practice! You should get comfortable using the cards.
- Before you stand up to speak, make sure your note cards are in order.
- Try not to fidget with the cards. You may find it helpful to only hold them in one hand at a time to resist bending or flipping them.
- If you have a lectern or podium, you can rest the cards on the surface.