ATTENTION DEFICIT DISORDER (ADD) / ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD) GUIDELINE

POLICY
Attention Deficit/Hyperactivity Disorder is one of the most common neurobehavioral disorders of childhood and can persist through adolescence and into adulthood. For this reason, the NCAA has published its guidelines for the regulation of stimulant medications to treat ADD/ADHD in student-athletes. The aim is to follow the guidelines set forth by the NCAA so that the student-athletes are capable of competing, and more importantly, use the medications needed to support their academics, general health, and well-being.

PROCEDURE
Reporting of ADD/ADHD Medications
Each student-athlete will present a physician signed physical through the Health Center, as well as a self-reported health history form to the Sports Medicine Department. The health history will ask for all current medications. The student-athlete is encouraged to list all stimulants or pharmacological agents used in the treating of an attention deficit disorder.
Previously diagnosed individuals must present the Sports Medicine Department with the following documentation:
- Student-athlete name.
- Student-athlete date of birth.
- Date of clinical evaluation.

Clinical evaluation components including:
- Summary of comprehensive clinical evaluation (referencing DSM-IV criteria)
  -- attach supporting documentation.
- ADHD Rating Scale(s) (e.g., Connors, ASRS, CAARS) scores and report summary
  – attach supporting documentation.
- Blood pressure and pulse readings and comments.
- Note that alternative non-banned medications have been considered, and comments.
- Diagnosis.
- Medication(s) and dosage.
- Follow-up orders.

Additional ADHD evaluation components if available:
• Report ADHD symptoms by other significant individual(s).
• Psychological testing results.
• Physical exam date and results.
• Laboratory/testing results.
• Summary of previous ADHD diagnosis.
• Other comments.

Documentation from prescribing physician must also include the following:
• Physician name (Printed)
• Office address and contact information.
• Specialty.
• Physician signature and date.

DISCLAIMER: The National Collegiate Athletic Association shall not be liable or responsible, in any way, for any diagnosis or other evaluation made, or exam performed, in connection herewith, or for any subsequent action taken, in whole or in part, in reliance upon the accuracy or veracity of the information provided hereunder.

DOCUMENTATION
The team athletic trainer will keep records of ADD/ADHD diagnostic test performed, results of those tests, and prescriptions. All these documents must be kept confidential in student-athletes’ chart.