

XA trip packing list: American Freedom

Overnights: your trip will be sleeping indoors at a church or community center!

- 5 T-shirts
- 1 fleece pullover/sweatshirt
- 1-2 pairs of shorts
- 1-2 pairs of jeans/pants
- 5 pairs of underwear
- 5-6 pairs of socks
- Pajamas
- Rain jacket*
- Walking shoes/sneakers
- Sandals
- Toiletries (toothbrush, toothpaste, contact solution, feminine hygiene products, etc.) Keep it small!
- Glasses (if you wear contacts)
- Sunglasses, sunscreen, chapstick (SPF 15 and up)
- Any required medication
- 1 liter-sized water bottle
- Daypack/bookbag for carrying water bottle and a layer of clothing
- Bathing suit
- Towel
- Sleeping bag*
- Sleeping pad*
- Pillow
- Bowl, mug, spoon and fork

Optional Items:

- Headlamp or flashlight
- Camera
- Small musical instrument
- Lightweight brimmed hat
- Playing cards
- Pocket Constitution

*We have a limited number of these to rent. Please tell your student leaders if you need to borrow any of these items and *did not* originally mark this on your online registration form.