

# XA trip packing list: Arts in the Adirondacks

*Overnights: your trip will be sleeping indoors in a church and/or community center!*

- 5 T-shirts
- 1 fleece pullover/sweatshirt
- 1-2 pairs of shorts
- 1-2 pairs of jeans/pants
- 5 pairs of underwear
- 5-6 pairs of socks
- Pajamas
- Rain jacket\*
- Walking shoes/sneakers
- Sandals
- Toiletries (toothbrush, toothpaste, contact solution, feminine hygiene products, etc.) Keep it small!
- Glasses (if you wear contacts)
- Sunglasses, sunscreen, chapstick (SPF 15 and up)
- Any required medication
- 1 liter-sized water bottle
- Daypack/bookbag for carrying water bottle and a layer of clothing
- Bathing suit
- Towel
- Sleeping bag\*
- Pillow
- Art Supplies\*\*

## Optional Items:

- Headlamp or flashlight
- Camera
- Small musical instrument
- Lightweight brimmed hat
- Playing cards

\*We have a limited number of these to rent. Please tell your student leaders if you need to borrow any of these items and *did not* originally mark this on your online registration form.

\*\*We will provide art materials, but you are encouraged to bring along some of your own if you would like. We strongly recommend portable mediums and materials (pencils, chalk, charcoal, sketching materials, sketchpad, small watercolor set, etc.)