Costa Rica: National Parks & Tropical Forests

January 19 - 31, 2019 (13 Days) with Hamilton Professor of Biology Emeritus Dr. Ernest H. Williams

An exclusive Hamilton Global Adventure for 16 alumni, parents, and friends.



Dear Hamilton Alumni, Parents, and Friends,

I am delighted to invite you to join me in January 2019 for a wonderful trip to Costa Rica. As we travel from volcanic mountain ranges to misty cloud forests and bountiful jungles, our small group of no more than sixteen travelers, plus an expert local Trip Leader and me, will explore these habitats upclose.

The biodiversity found in Costa Rica is astonishing for a country with an area of just 20,000 square miles (approximately four times the size of Connecticut): more than 12,000 species of plants, including a dazzling variety of trees and orchids; 237 species of mammals, including jaguars and four species of monkeys; more species of birds (800!) than in all of North America; more species of butterflies than on the entire continent of Africa; and five genera of sea turtles as well as the endangered American crocodile.

Our travels will merge daily nature observations with visits to Costa Rican national parks, farms, villages, beaches, cloud forest, and the capital city, San Jose. We will also mingle with Costa Rica's people, including a tour of the family-owned Doka Estate coffee plantation and a meal with local schoolchildren and their parents. Throughout our travels we will dine on regional foods and, of course, have a wonderful time learning together as we see so many exciting sights.

It is almost impossible to believe that there could be so many wonders in such a small place without witnessing them for yourself. I hope you will join us to explore the diverse experiences of Costa Rica.

Sincerely,

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Ernest H. Williams William R. Kenan Professor of Biology Emeritus Hamilton College

P.S. Our group is limited to only sixteen participants, so don't delay—contact Hamilton Global Adventures at 888-344-5170 or hamilton@studytours.org to reserve your space <u>soon</u>.



Hopper, Phrictus quinqueparitus © Geoff Gallice



HAMILTON COLLEGE FACULTY LEADER



An ecologist and life-long naturalist, **Ernest Williams** has conducted field studies in Mexico, Wyoming, and New York on the population biology and conservation of butterflies. His recent books include *The Nature Handbook: A Guide to Observing the Great Outdoors* (2005, Oxford Univ. Press), which is a field guide to

patterns in nature, and *Pathways to Excellence in Teaching* (2012, Couper Press), an edited volume of essays. He is also coauthor of the *Stokes Butterfly Book* (Little, Brown & Co.). Williams received his Ph.D. from Princeton University in 1976 and recently retired after teaching for 34



years at Hamilton, where he was recognized for excellence in teaching. Exploring nature is his passion, and it has taken him to many places, including the Galapagos Islands and several countries in the Caribbean.



A Chestnut Mandibled Toucan, Ramphastos Ambiguus Swainsonii © Cephas

ITINERARY

(B)= Breakfast, (L)= Lunch, (D)= Dinner

Saturday, January 19, 2019:

DEPART HOME | ARRIVE SAN JOSE, COSTA RICA | SANTA ANA

Upon arrival in Costa Rica, at Juan Santamaria International Airport (SJO), a local representative will meet and accompany you to our hotel in Santa Ana, about 20 minutes outside of the capital city of San Jose. Travelers who arrived early for the optional, pre-trip extension to Corcovado National Park will join us at the hotel today. The evening is free to relax or explore on your own. *Overnight at <u>Studio Hotel</u>*.

Sunday, January 20:

VISIT COFFEE PLANTATION | SAN CARLOS | WELCOME DINNER

After breakfast, we gather for a welcome briefing. Then we board our coach and begin our ride northwest from San Jose into the northern lowlands of Costa Rica along the Pan-American Highway. As we travel through the countryside outside of San Jose, we will be treated to many fine views of the country's agricultural landscapes, and stop en route to visit Doka Estate, a 100-year-old coffee finca (plantation) and Costa Rican National Heritage Site. Locally owned by the Vargas Ruiz family for more than 70 years, this *finca* is a modern operation that uses time-honored techniques, such as the oldest working water-powered mill in all of Costa Rica, to produce delicious gourmet coffee. As we tour the estate, we will see the various steps in the production of this important national export, and learn about the history of coffee's introduction to Costa Rica and more.



Female Green Basilisk © Charlesjsharp

After lunch at the *finca*, we will continue on to our resort in Aguas Zarcas de San Carlos. We check-in, then join our Trip Leader for a welcome drink and orientation walk, followed by dinner at the resort. *Overnight at <u>El Tucano Resort and Thermal Spa</u> for three nights. (B,L,D)*



White-faced Capuchin Monkey © Steven G Johnson

Monday, January 21: NATURE WALK | CRUISE THE RIO FRIO | SAN CARLOS | PM AT LEISURE

Early this morning, when many birds are most active, you may choose to join our Hamilton faculty leader and our trip leader for a nature walk in the area around our resort. Return to the resort for breakfast, after which we travel to Costa Rica's remote northern border, near the Cano Negro Wildlife Refuge. This reserve is home to hundreds of species of wildlife, and is an important stopping point for many migrating species of birds, including Costa Rica's largest colony of neo-tropical cormorants. Board a small touring boat to explore the Rio Frio, a complex inland waterway where we will likely see wading birds, such as Northern Jacanas and Wood Storks, as well as many turtles and butterflies. We might also be lucky enough to spot larger animals, such as spider- or howler monkeys, sloths, or caimans. After lunch, we return to our resort for an afternoon at leisure, perhaps relaxing in the soothing waters of the resort's hot springs. Gather this evening for dinner at our resort. (B,L,D)

Tuesday, January 22:

ALTAMIRA VILLAGE | SCHOOL VISIT & COMMUNITY LUNCH | PM AT LEISURE

We immerse ourselves in local culture this morning, as we set out to experience "A Day in the Life of a Costa Rican village." Begin by meeting one of the leaders of the Altamira village community, who will teach us more about life in the village. From there, we continue on to a local school (when in session) to meet students, their parents, and teachers, to learn about Costa Rica's educational system. Afterward, the students and parents will host us for lunch, featuring traditional Costa Rican *casado*, a meal that typically contains rice, beans, plantains, salad, and chicken or beef. Return to our resort for an afternoon at leisure. Gather this evening for dinner at our resort. (B,L,D)

Wednesday, January 23:

BOAT RIDE ON LAKE ARENAL | OVERLAND TO MONTEVERDE CLOUD FOREST This morning we take a relaxing boat ride on Lake Arenal, enjoying views of the cone of the Arenal Volcano in the distance and the peaceful, verdant lakeshore. We may spot more of Costa Rica's diverse birds and wildlife. We drive onward, sometimes over unpaved roads, to the Monteverde Cloud Forest, stopping en route for lunch at a local restaurant. Monteverde (with an elevation of 4,600 feet) is renowned for its unique environment and diversity of natural life. The mountainsides on which the forest is located trap the warm, humid air rising from the ocean, creating dense clouds that provide near-constant moisture and support a large number of mammal, bird, and plant species. Our hotel is set on a private, 150-acre farm adjacent to the Monteverde Cloud Forest Biological Reserve, a protected area where this exceptional natural diversity is preserved. *Overnight at <u>El Establo Mountain Hotel</u> for three nights*. (B,L,D)

Thursday, January 24:

AM AT LEISURE or OPTIONAL HANGING BRIDGES TOUR | MONTEVERDE CLOUD FOREST NATURE WALK

The morning is at leisure for independent pursuits. Or, you may choose to join an optional Hanging Bridges excursion (at additional cost: \$45 per person), and discover the lush cloud



Monteverde Biological Reserve © SA 3.0

forest from a unique vantage point. On this excursion, you will follow a system of six suspension bridges (the "Sky Walk"), some almost 1,000 feet in length, that span the canopy of the Monteverde Cloud Forest, examining the flora and fauna of the rainforest from a bird's-eye view. Every step of the way, a local naturalist guide will explain the unique characteristics of the canopy and point out animals, birds, and plants peculiar to this treetop milieu.

Our entire group then gathers for lunch at a local restaurant specializing in regional food (and delicious handmade chocolates). The afternoon is dedicated to the Monteverde Cloud Forest Biological Reserve, as we set out on a guided nature walk through this acclaimed 26,000-acre reserve. Founded in 1972 as a refuge for local wildlife, Monteverde today is a protected region dedicated to scientific research and education. Stretching down both the Caribbean and Pacific slopes of the Tilaran Mountain Range, the reserve exhibits eight distinct ecological zones. This variety of habitats combined with a yearly average rainfall of 97 inches results in a very large and diverse plant community, with more than 300 species of orchids alone. Monteverde is also home to 100 mammal species, 400 bird species, and more than 120 species of amphibians and reptiles. Our guide will aid us in finding and identifying a wide variety of the local creatures and plant life. There are some endangered species dwelling in this tree haven, including the Three-Wattled Bellbird (whose call carries nearly two miles), and we will keep our eyes peeled for White-faced Capuchin Monkeys cavorting in the canopy. Return to the hotel, where dinner is on your own tonight. (B,L)

Friday, January 25:

DAY AT LEISURE with OPTIONAL FOREST CANOPY RIDE and/or OPTIONAL WORLD OF BATS TOUR

Today can either be a half- or full-day at leisure to relax, enjoy our hotel's amenities, and explore Monteverde at your own pace. If you would like an active morning, you may choose to gear up and join an optional Forest Canopy Ride (at additional cost: \$65 per person) through the Monteverde Cloud Forest. Using techniques developed by cavers and climbers, you will move from tree to tree via a series of zip-lines high above the forest floor. It is a thrilling opportunity that offers a wonderful view of the treetops.

If you would like an afternoon activity, you may choose to join an optional World of Bats excursion (at additional cost: \$55 per person) on which you will learn about the fascinating lives of jungle bats at an indoor habitat and museum. The habitat's lighting reverses day and night so that you can witness the bats' nighttime activity, and special equipment enables you to hear the sounds they make. With this optional afternoon excursion, dinner at a local restaurant is included. (B)

Saturday, January 26:

OVERLAND TO MANUEL ANTONIO | HORSEBACK RIDE | QUEPOS

We depart the cloud forest today and continue our travel in Costa Rica by heading south to the lush environs of the Pacific Coast and Quepos, home to the renowned Manuel Antonio National Park. En route, we will stop at Hacienda Nosavar, a 1,580-acre cattle ranch, to learn about Costa Rica's vibrant cowboy culture on a horseback ride along the scenic riverbank of Rio Tarcoles, known for its large population of crocodiles. After a traditional Costa Rican lunch at the hacienda, we continue to our hotel just outside of Quepos, arriving in mid-afternoon. After an orientation walk, the balance of the day is at leisure. *Overnight at <u>Villas Lirio</u> for two nights*. (B,L)

Sunday, January 27:

MANUEL ANTONIO NATIONAL PARK NATURE WALK | PM AT LEISURE

Spend the morning in Manuel Antonio National Park, a critical habitat for migrating birds from the U.S. and Canada. While comparatively small (just 1,700 acres), this lush park is home to several distinct ecosystems, each teeming with wildlife. The park includes four marvelous beaches, island bird sanctuaries, and a luxuriant rainforest. Perhaps because of its small size, a morning full of wildlife sightings, including howler and Capuchin monkeys, sloths, coatis, and countless birds, is not unusual. In particular, we will keep an eye out for the endangered squirrel monkey, as Manuel Antonio is one of only two of its habitats in the country.

After hiking along some of Manuel Antonio's trails and soaking up the sun on its pristine beaches, we head to a local restaurant for lunch. Afterward you will have a little leisure time, which you might use to explore the nearby town of Quepos. Named for the native Quepoa people, whom the Spanish conquered in the late 16th century, the town has seen prosperity as a banana- and African palm oil-exporting center, but is now a mecca for sport fishing. We gather this evening for dinner at a local restaurant, where we have the opportunity to taste the ocean's bounty. (B,L,D)

Monday, January 28:

DAIRY FARM VISIT | OVERLAND TO SAN GERARDO DE DOTA

Depart this morning for San Gerardo de Dota, stopping along the way at an old family dairy farm in the valley of San Isidro de El General. Known as Finca Don Tavo, the farm was founded in 1921 by the grandfather of the current owners, the Barrantes. Here we will experience Costa Rican farm life firsthand by feeding and milking some of the cattle. After lunch on the *finca*, we continue our journey, traveling into the mountains on the



Top, a Panama Spider Monkey © Steven G Johnson. Center, Black Iguana at Manuel Antonio National Park © Jackhynes. Bottom, Savegre River at San Gerardo de Dota © Rodtico2.

Pan-American Highway toward San Gerardo de Dota, where we check-in to our hotel, located in a private nature reserve. We learn our way around the property and get a preview of tomorrow's agenda during a late-afternoon orientation walk. Gather for dinner at the hotel this evening. *Overnight at Savegre Hotel for two nights*. (B,L,D)



Resplendent Quetzal © Frank Vassen

Tuesday, January 29: SAN GERARDO DE DOTA | SEARCH FOR QUETZALS | AT LEISURE

Early this morning our Trip Leader will escort us into the green valley forest in search of the Resplendent Quetzal, a legendary and elusive bird with brilliant plumage that is among the most coveted species to view and therefore on many a birder's "life list." We are fortunate to be in one of the Earth's most populous quetzal nesting areas (owing in large part to its altitude of 7,000 feet). Perhaps because of its rarity, the Maya esteemed the quetzal as the most sacred bird in the sky. Whether or not we are successful at spotting a quetzal today, there is plenty to observe in this high-altitude tropical environment, and sightings of a variety of interesting birds are quite likely. Return to our hotel for breakfast, and enjoy the rest of the day at leisure. Our hotel offers elective activities (at additional cost) such as birdwatching, hiking, horseback riding, and trout fishing. Lunch and dinner are included at the hotel today. (B,L,D)

Wednesday, January 30: OVERLAND TO SAN JOSE | SAN JOSE CITY TOUR | SANTA ANA | FAREWELL DINNER

The final leg of our journey returns us to Costa Rica's capital, San Jose. On arrival, we embark on city tour whose highlight

will be a tour of the Teatro Nacional. Truly the nation's showpiece, the theater's Renaissance façade, richly rendered murals, and architectural detail rival any opera house in Europe. Lunch is on your own in the city. Later, we check-in to our hotel in Santa Ana, about 20 minutes outside of San Jose, and have some time at leisure. This evening we gather for a farewell dinner at a local restaurant. *Overnight at <u>Studio Hotel</u>*. (B,D)

Thursday, January 31:

FLY HOME or BEGIN POST-TRIP EXTENSION

After breakfast, you will be transferred to Juan Santamaria International Airport (SJO) for your flights homeward. Those who have chosen to stay on for the optional, post-trip extension to Tortuguero National Park will travel to Costa Rica's northern Caribbean coast. (B)



PRE-TRIP OPTIONAL EXTENSION: Corcovado National Park

with Hamilton faculty leader **Ernest Williams** \$1,195 per person. Price includes: Two in-program flights; most meals: 3 breakfasts, 2 lunches, and 2 dinners; 3 nights' accommodations; sightseeing and excursions as per itinerary; services of an expert, English-speaking local guide; gratuities for local guide, drivers, and luggage porters.

Wednesday, January 16, 2019: DEPART HOME | ARRIVE SAN JOSE, COSTA RICA | SANTA ANA

Upon arrival in Costa Rica, at Juan Santamaria International Airport (SJO), a local representative will meet and accompany you to our hotel in Santa Ana, about 20 minutes outside of the capital city of San Jose. The evening is free to relax or explore on your own. *Overnight at <u>Studio Hotel</u>*.

Thursday, January 17: SAN JOSE | FLY TO DRAKE BAY | EXPLORE COCOLITO BEACH

Return to the airport this morning for a flight to Drake Bay on the Osa Peninsula, the southwestern part of Costa Rica's Pacific Coast, home to more than half of the country's plant and animal species. We get a sense of this peninsula's isolation as we transfer from the airport to our resort by boat. After checking-in and getting settled, we gather for lunch at our resort. This afternoon, a local expert will take us on a hike along Cocolito Beach and beachside trails known for their beautiful streams and abundant wildlife, including a variety of monkeys, birds, and butterflies. Later, we enjoy dinner together at our resort. *Overnight at Drake Bay Wilderness Resort for two nights*. (B,L,D)

Friday, January 18: DRAKE BAY | CORCOVADO NATIONAL PARK | AT LEISURE or EXPLORE BY KAYAK OR CANOE

Set off this morning to explore Corcovado National Park, which spans more than 108,000 acres and encompasses some 13 separate ecosystems. Our local guide will help draw our attention to unusual wildlife and vegetation. Corcovado hosts the greatest concentration of Scarlet Macaws in Central America. From tiny tree frogs and Poison Arrow Frogs to big cats and crocodiles, this park is truly a naturalist's dream come true. After a picnic lunch in the park we return to our lodge, where the afternoon is at leisure to relax. If you prefer, you may choose to explore the Corcovado area further by canoe or sea kayak. Gather for dinner at our resort this evening. (B,L,D)

Saturday, January 19: FLY TO SAN JOSE

We transfer to the airport this morning for a flight to San Jose, in order to join our fellow travelers and begin our *Costa Rica: Natural Parks & Tropical Forests* adventure. (B)





Spider Monkeys at Tortuguero National Park © Joseph C Boone

POST-TRIP OPTIONAL EXTENSION: Tortuguero National Park

with Hamilton faculty leader **Ernest Williams \$946 per person.** Price includes: Round-trip bus and boat transfers; most meals: 4 breakfasts, 3 lunches, and 2 dinners; 3 nights' accommodations; sightseeing and excursions as per itinerary; services of an expert, English-speaking local guide; services of a local boatman in Tortuguero; gratuities for local guide, drivers, and luggage porters.

Thursday, January 31, 2019: TRANSFER TO TORTUGUERO | VISIT TORTUGUERO TOWN

Having concluded our *Costa Rica: Natural Parks & Tropical Forests* adventure, we travel overland to La Pavona, where we board a boat for our cruise to Tortuguero ("region of turtles"). Remote Tortuguero National Park is home to 111 species of reptiles, 60 species of mammals, 309 species of birds, and 57 species of amphibians, including the endangered Green Turtle, for which it is the Western hemisphere's most important nesting site. (The turtle nesting season runs from June through August.) We arrive at our hotel in the early afternoon and enjoy lunch. Later, we explore Tortuguero town and its Caribbean flavor—there are no roads, no sidewalks, and no cars. After some time for independent exploration we return to our hotel. Gather this evening for dinner. *Overnight at <u>Aninga Hotel & Spa</u> for two nights*. (B,L,D)

Friday, February 1: TORTUGUERO | EXPLORE CANALS BY BOAT | NATURE WALK

Both natural and man-made canals are the primary means of transportation in Tortuguero. This morning, we will cruise along this restricted network in search of crocodiles, iguanas, and the rare manatee. After lunch at our hotel, we can walk the hotel's property to observe the region's diverse flora and fauna, perhaps glimpsing the sloths, monkeys, Green Macaws, and toucans that call this protected area home. Gather for dinner at our hotel this evening. (B,L,D)

Saturday, February 2: BOAT RIDE TO CANO BLANCO | OVERLAND TO SANTA ANA | AT LEISURE

After breakfast, take a leisurely canal boat ride to Cano Blanco, from where we begin our overland transfer to San Jose. Stop for an included lunch en route. We arrive at our hotel in Santa Ana, about 20 minutes outside of San Jose, this afternoon. The balance of the day is at leisure. *Overnight at <u>Studio Hotel</u>*. (B,L)

Sunday, February 3: FLY HOME

After breakfast, you will be transferred to Juan Santamaria International Airport (SJO) for your flights homeward. (B)



What to Expect

All participants are expected to be physically active and not be an impediment to others on excursions, to enjoy traveling as part of a group, and to be ready to experience cultural differences. You must be able to walk long distances, unassisted, on rural streets, on rugged paths and trails, and up and down steps. Participants who are not able to walk unassisted for extended periods (at least three miles a day) and participate in 6-8 hours of physical activities each day are kindly advised not to join this tour unless accompanied by a companion who will be available to assist you at all times. There will be three overland drives of up to four hours apiece, some of which are on unpaved or bumpy roads. This program includes brief travel to an elevation of 11,000 feet, and two overnight stays at 7,200 feet. If you have any questions about your ability to participate, we suggest that you visit your personal physician with this brochure in hand and discuss whether or not this program is appropriate for you. Hotels, eco-lodges, and villas have been chosen for their locations and generous comfort. Included, delicious meals are of a high quality. January in Costa Rica is considered the dry season, and the average temperatures range from 58° to 83° F. At San Gerardo de Dota, the temperatures may drop in the 30s at night. Costa Rica has a tropical climate with high temperatures at lower elevations, high humidity, and moderate-to-heavy rainfall. Complete pre-departure details will be sent to participants.

*Air Arrangements

Included roundtrip airfare is economy class and from select gateway cities only. All government and airline fees and taxes are included. A confirmed flight itinerary can be provided within 60 days of deposit for most departures. Some non-standard gateways may incur additional charges, and some gateway cities require departures one day prior to or one day later than group departure dates. Any fees associated with traveling on dates other than the group dates, and any upgrades, are at an additional cost. Airline-imposed personal charges such as baggage fees may apply. The air itinerary is subject to change and is not considered final until you are issued the airline ticket. You may not be able to change your confirmed flight arrangements without an additional fee. Please see air options sheet for information regarding available select gateway cities. If you are booking your own air, you should only do so once you have received your final payment invoice. If you are considering booking non-refundable airline tickets before this time, please contact our office first. We do not accept any liability for cancellation penalties related to domestic or international airline tickets.

Prices, itinerary, hotels, and leader are subject to change. Prices quoted are based on group participation and no refunds will be made for any part of the program in which you choose not to participate. It is understood that refunds cannot be made to passengers who do not complete the tour for whatever reason.

For questions and reservations, please contact us:

Hamilton GLOBAL ADVENTURES 888-344-5170 Fax: 603-756-2922 Toll: 603-904-4110 Email: hamilton@studytours.org

Website: <u>hamilton.edu/alumni/learn/travel</u> P.O. Box 938, 47 Main Street, Suite One, Walpole, NH 03608

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Main Tour Prices Per Person (12 nights)

	Land	Land/Air*
Double Occupancy	\$3,795	\$4,485
(14-16 participants)		
Double Occupancy	\$3,995	\$4,685
(11-13 participants)		
Double Occupancy	\$4,145	\$4,835
Double Occupancy		

No supplement is required for single travelers, but availability is limited. With fewer than 8 participants, a small group surcharge may be applied.

Prices Include:

- Hamilton faculty leader Ernest Williams, plus the services of an English-speaking professional Trip Manager and expert local guides;
- ***Round-trip airfare** from select gateway cities is included when purchasing the Land/Air option. (See Air Options page for add-on costs from 123 additional cities!)
- 12 nights' accommodations with generous comfort;
- **Most meals**: all breakfasts, 9 lunches, and 8 dinners; plus complimentary house wine, beer, and soft drinks with lunch and dinner;
- Welcome and farewell receptions with wine and beer;
- All sightseeing and excursions as per itinerary;
- Surface transportation **by air-conditioned motor coach** with bottled water available;
- Baggage handling throughout the tour;
- ***Transfers** on the designated arrival and departure dates (when purchasing the Land/Air option);
- Service charges and other local taxes;
- Gratuities to porters, drivers, and local guides;
- **Comprehensive pre-departure information**, including a suggested reading guide, travel guide, and packing list.

Prices Do Not Include: Airfare from/to home (unless purchasing the Land/Air package); airport transfers with baggage handling (unless purchasing the Land/Air package); passport and visa fees; all airport fees and departure taxes; cost of personal, trip cancellation, and baggage insurance; transportation of excess baggage; meals other than those listed in the itinerary; gratuities to Trip Manager; personal tips; items of a personal nature, such as laundry; alcoholic or other beverages except as noted above; taxi, telephone, and fax charges; optional excursions or deviations from scheduled tour; and other items not expressly listed as included. (These exclusions apply to the main tour and both extensions.)

Passenger Cancellation Fees: All requests by passengers for cancellations must be received in writing. Cancellations received at least 121 days prior to departure are refunded less an administrative fee of \$300 per person. Cancellations received between 120 and 91 days prior to departure are subject to a cancellation fee equal to 15% of the tour cost. Cancellations received between 90 and 60 days prior to departure are subject to a cancellation fee of 50% of the tour cost. Cancellations received 59 days or less prior to departure are subject to a cancellation fee of 50% of the tour cost. Cancellation fee of 100% of the tour cost. You are strongly encouraged to obtain trip cancellation insurance (an application will be sent with confirmation of receipt of your deposit).

Payments: A deposit of \$800 per person is required to reserve your space on the tour and is payable by Visa, MasterCard, American Express, or check made payable to "EOS-Passenger Account-HAM-CostaRica1/19." Final payment is due 120 days prior to departure and must be by personal check only; credit cards are not accepted for final payment. By submitting your deposit you are bound by the terms and conditions delineated throughout this brochure or elsewhere published.

Due to space limitations, this is abbreviated information. Complete terms and conditions can be found on the final page of this document.

Air Options

Flights from these gateway cities are included in the Land/Air option pricing.

Departure City	Air Add-on	Airport Code
Baltimore, MD	\$0	BWI
Miami, FL	\$0	MIA
New York, NY	\$0	JFK
Orlando, FL	\$0	МСО
Tampa, FL	\$0	TPA

The following costs are the supplemental (add-on) to fly from these additional cities when purchasing the Land/Air option.

Departure City	Air Add-on	Airport Code
Akron, OH	\$110	CAK
Albany, NY	\$130	ALB
Albuquerque, NM	\$170	ABQ
Allentown, PA	\$130	ABE
Asheville, NC	\$200	AVL
Atlanta, GA	\$100	ATL
Augusta, GA	\$230	AGS
Austin, TX	\$120	AUS
Bangor, ME	\$130	BGR
Baton Rouge, LA	\$210	BTR
Billings, MT	\$300	BIL
Birmingham, AL	\$230	BHM
Boston, MA	\$100	BOS
Buffalo, NY	\$130	BUF
Burlington, VT	\$130	BTV
Cedar Rapids, IA	\$110	CID
Charleston, SC	\$290	CHS
Charleston, WV	\$200	CRW
Charlotte, NC	\$290	CLT
Chattanooga, TN	\$230	CHA
Chicago, IL	\$100	ORD
Cincinatti, OH	\$200	CVG
Cleveland, OH	\$180	CLE
Colorado Spgs, CO	\$220	COS
Columbia, SC	\$200	CAE
Columbus, OH	\$180	СМН
Corpus Christi, TX	\$220	CRP
Dallas, TX	\$100	DFW
Dayton, OH	\$110	DAY
Daytona Beach, FL	\$140	DAB
Denver, CO	\$100	DEN

Departure City	Air Add-on	Airport Code
Des Moines, IA	\$160	DSM
Detroit, IL	\$100	DTW
El Paso TX	\$220	ELP
Eugene, OR	\$300	EUG
Evansville, IL	\$110	EVV
Fresno, CA	\$210	FAT
Ft Myers, FL	\$160	RSW
Ft Walton, FL	\$140	VPS
Ft Wayne, IN	\$110	FWA
Grand Rapids, MI	\$180	GRR
Green Bay, WI	\$110	GRB
Greensboro, NC	\$200	GSO
Greenville, SC	\$180	GSP
Harrisburg, PA	\$130	MDT
Hartford, CT	\$140	BDL
Honolulu, HI	\$550	HNL
Houston, TX	\$100	IAH
Huntsville, AL	\$230	HSV
Idaho Falls, ID	\$300	IDA
Indianapolis, IN	\$150	IND
Jackson, MS	\$230	JAN
Jacksonville, FL	\$140	JAX
Kansas City, MO	\$170	MCI
Knoxville, TN	\$230	TYS
La Crosse, WI	\$110	LSE
Lafayette, LA	\$210	LFT
Laguardia, NY	\$100	LGA
Lansing, MI	\$110	LAN
Las Vegas, NV	\$140	LAS
Lewiston, ID	\$300	LWS
Lexington, KY	\$230	LEX
Lincoln, NE	\$110	LNK
Little Rock, AR	\$210	LIT
Los Angeles, CA	\$100	LAX
Louisville, KY	\$180	SDF
Lubbock, TX	\$220	LBB
Madison, WI	\$110	MSN
Marquette, MI	\$110	MQT
Mallen, TX	\$220	MFE
Memphis, TN	\$120	MEM
Midland Odessa, TX	\$220	MAF
Milwaukee, WI	\$150	MKE
Minneapolis, MN	\$100	MSP
Mobile, AL	\$230	MOB
Moline, IL	\$110	MLI
Monroe, LA	\$210	MLU
Montgomery, AL	\$230	MGM
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Departure City	Air Add-on	Airport Code
Myrtle Beach, SC	\$200	MYR
Nashville, TN	\$100	BNA
National, DC	\$110	DCA
New Orleans, LA	\$100	MSY
Newark, NH	\$100	EWR
Norfolk, VA	\$290	ORF
Northwest Arkan, AR	\$210	XNA
Oakland, CA	\$190	OAK
Oklahoma City, OK	\$220	OKC
Omaha, NE	\$180	OMA
Ontario, CA	\$210	ONT
Orange Cty, CA	\$210	SNA
Pensacola, FL	\$140	PNS
Peoria, IL	\$110	PIA
Philadelphia, PA	\$200	PHL
Phoenix, AZ	\$200	PHX
Pittsburgh, PA	\$100	PIT
Portland, OR	\$200	PDX
Portland, ME	\$130	PWM
Providence, RI	\$130	PVD
Raleigh, NC	\$240	RDU
Reno, NV	\$210	RNO
Richmond, VA	\$140	RIC
Roanoke, VA	\$200	ROA
Rochester, NY	\$130	ROC
Sacramento, CA	\$160	SMF
Saginaw, MI	\$110	MBS
Salt Lake City, UT	\$250	SLC
San Angelo, TX	\$220	SJT
San Antonio, TX	\$120	SAT
San Diego, CA	\$100	SAN
San Francisco, CA	\$200	SFO
San Jose, CA	\$200	SJC
Sarasota, FL	\$140	SRQ
Savannah, GA	\$230	SAV
Seattle, WA	\$200	SEA
Shreveport, LA	\$220	SHV
Spokane, WA	\$230	GEG
St Louis, MO	\$170	STL
Syracuse, NY	\$130	SYR
Tallahassee, FL	\$140	TLH
Traverse City, MI	\$110	TVC
Tucson, AZ	\$200	TUS
Tulsa, OK	\$220	TUL
Washington, DC	\$100	IAD
Wilmington, NC	\$200	ILM

Reservation Form

Costa Rica: National Parks & Tropical Forests

January 19 - 31, 2019 with Dr. Ernest H. Williams, Hamilton Professor of Biology Emeritus

Submit

To hold your reservation for seven days while this form and your deposit are in the mail, please contact us at 888-344-5170 or hamilton@studytours.org.

Name 1	Class Year	
(as it appears on passport) Name 2	Class Year	
(as it appears on passport)		
Address		
City		
State	Zip	
Phone (primary) P	e (primary) Phone (secondary)	
Email(s)		
□ I/We have read the 'What to Expect' section and am	/are physically able to participate fully on the program.	
Select your preferred package for the main tour: 📮 🗄	Land or 🗖 Land/Air: Airport Preference:	
Select optional extension(s): D Pre-Trip, Corcovado	National Park 📮 Post-Trip, Tortuguero National Park	
	ACCOMMODATIONS:	
□ Double (one bed) □ Twin (two beds) □ Single		
□ I will be sharing with:	□ Share-please assign a roommate (not guaranteed)	
I am a 🗖 Non-smoker 📮 Smoker	Please share my contact information with potential roommate(s).	
Ι	RESERVATIONS & PAYMENT:	
You will receive an invoice for final payment. Please note th	ed to confirm a reservation. Final payment is due 120 days prior to departure. at credit cards are not accepted for final payment. All prices and payments are in US dollars. <u>OSIT TYPE (PLEASE CHECK ONE):</u>	
Check payable to: EOS Passenger Account-HAM-CostaRica1-1	2	
□ Visa □ Master Card □ American CC#	n Express	
Exp. Date	3- or 4-Digit Code	
Name on Card		
Please complete this reservation form,	sign the release statement below, enclose your deposit, and mail or fax to:	
Hamilton Global A	dventures - P.O. Box 938, Walpole, NH 03608-0938	
Fax: 603-75	6-2922 • Email: hamilton@studytours.org	
If submitting this for	that you have read and agree to all Terms & Conditions delineated throughout. form electronically, please read the following statement: signature confirming that I acknowledge and agree to the Terms & Conditions in this document.	
Signature (participant #1)	Date and Time	
Signature (participant #2)	Date and Time	

TERMS AND CONDITIONS, RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT

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CHANGES IN ITINERARY OR FEATURES: Sponsor reserves the right to change the itinerary or trip features at any time and for any reason, with or without notice, and Sponsor shall not be liable for any loss of any kind as a result of any such changes. Sponsor may cancel a trip (or an option) for any reason whatsoever; if so, its sole responsibility is to refund monies paid by the participant. Sponsor is not required to cancel any trip for any reason including, without limitation, United States Department of State, World Health Organization, or other Warnings or Advisories of any kind. Sponsor is not responsible for penalties assessed by air carriers resulting from operational and/or itinerary changes, even if Sponsor makes the flight arrangements or cancels the trip. Sponsor reserves the right to substitute hotels or attractions of a similar category for those listed in this brochure. LUGGAGE: Luggage allowance policies are set by the airlines and may change without prior notice. PHYSICAL ACCESSIBILITY: All programs require physical independence and mobility. Any physical or mental condition that may require special medical attention or physical assistance (for example, the need of a wheelchair) must be reported in writing when you make your reservation. Participants requiring assistance must travel with a companion who will assist them throughout the tour at all times and will be responsible for handling equipment. Participants must be able to embark or disembark motor coaches alone or with minimal assistance from their traveling companion, and climb stairs and step over raised thresholds without assistance. <u>REFUNDS</u>: Prices quoted are based on group participation. No refunds will be made for any part of the program in which participants choose not to participate. Refunds cannot be made to participants who do not complete the tour for any reason, nor to participants whose entry into any country on the itinerary is delayed or denied. TRIP INSURANCE: Sponsor strongly recommends that participants purchase trip cancellation insurance. In the event that you must cancel your participation, trip cancellation insurance may be the only source of reimbursement. Trip cancellation insurance is available through Sponsor and others and covers certain expenses in conjunction with cancellation due to illness or accident and damaged or lost luggage. Sponsor will send participants an application upon receipt of their reservation. <u>RATES</u>: Prices quoted are based on fares in effect at the time of printing and are subject to changes at any time. On all programs, even after full payment, Sponsor reserves the right to increase the tour price in the event of cost increases due to changes in supplier costs, tax increases, currency fluctuations or fuel and energy surcharges, and all such increases are to be paid to Sponsor upon notice to the participant of such increases. FORUM AND METHODOLOGY FOR DISPUTE RESOLUTION: Any dispute or claim which refers or relates to this contract, any literature related to the trip, or the trip itself shall be litigated solely and exclusively in and for courts in Keene, New Hampshire, subject to substantive and procedural New Hampshire law, and for this limited purpose, the parties agree to exclusive venue and personal jurisdiction therein. At the participant's option, however, in lieu of litigation, Sponsor will agree to binding arbitration in Keene, New Hampshire, subject to substantive, but not procedural, New Hampshire law, pursuant to the then existing commercial rules of the American Arbitration Association. In any such arbitration, the arbitrator, and not any federal, state, or local court or agency, shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. CANCELLATIONS AND REFUNDS: Sponsor reserves the right to cancel this tour prior to departure, in which case payment will be refunded without further obligation on our part. However, if trip cancellation, itinerary changes, and/or delays are mandated by causes beyond our control, the participant shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by Sponsor, or else, receiving a refund of as much of such advance tour expenditures as Sponsor is able to recover on the participant's behalf from carriers, third-party tour vendors, etc. Sponsor, however, shall not have any obligation or liability to the participant beyond the foregoing. U.S. STATE DEPARTMENT & CENTERS FOR DISEASE CONTROL: Both the U.S. State Department and the Centers for Disease Control publish and update important country-specific information for travelers. We strongly recommend that you review them. They can presently be found at: https://travel.state.gov/content/passports/en/alertswarnings.html and https://wwwnc.cdc.gov/travel/notices MISCELLANEOUS: Participants should not purchase airline tickets prior to receiving your final payment invoice so as to avoid airline cancellation penalties if a tour is canceled or otherwise modified subsequent to the participant's purchase of those tickets. Baggage and personal effects are at all times the sole responsibility of the participant. If, due to weather, flight schedules or other uncontrollable factors, you are required to spend an additional night(s), you will be responsible for your own hotel, transfers, and meal costs. Baggage is entirely at owner's risk. Sponsor reserves the right to decline to accept or retain any participant at any time. The right is reserved to decline to accept as a participant, or remove from a trip, without refund, any person it judges to be incapable of meeting the rigors and requirements of participating in the activities, or who is abusive to other trip participants, leaders, or third parties, or who is determined to detract from the enjoyment of the trip by others. Specific room assignments are within the sole discretion of the hotel.

<u>ACCEPTANCE OF CONTRACT</u>: By forwarding of deposit, the participant certifies that he/she agrees with these terms and conditions, and accepts the terms contained in these Terms and Conditions, Release of Liability, Assumption of Risk and Binding Arbitration Agreement.

PO Box 938, 47 Main Street, Suite One, Walpole, NH 03608

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Costa Rica National Parks & Tropical Forests

January 19 - 31, 2019 (13 Days)

with Hamilton Professor of Biology Emeritus Dr. Ernest H. Williams

An exclusive Hamilton Global Adventure for 16 alumni, parents, and friends.

