

# XA trip packing list 2018: Intentional Communities

*Overnights: your trip will be sleeping outdoors at a campsite for three nights and indoors in an on-campus location for one night!*

- 5 T-shirts
- 1 fleece pullover/sweatshirt
- 2 pairs of shorts
- 2 pairs of jeans/pants
- 5 pairs of underwear
- 5-6 pairs of socks
- Pajamas + extra outdoor sleeping layers
- Warm Hat
- Rain jacket\*
- Walking shoes/sneakers
- Sandals/camp shoes
- Toiletries (toothbrush, toothpaste, contact solution, feminine hygiene products, etc.) Keep it small!
- Glasses (if you wear contacts)
- Sunglasses, sunscreen, chapstick (SPF 15 and up)
- Any required medication
- 1 liter-sized water bottle
- Daypack/bookbag for carrying water bottle and a layer of clothing
- Bathing suit
- Towel
- Sleeping bag\*
- Sleeping pad\*
- Pillow
- Bowl, mug, spoon and fork

## Optional Items:

- Headlamp or flashlight
- Small musical instrument
- Lightweight brimmed hat
- Playing cards
- Camera
- Totems

\*We have a limited number of these to rent. Please tell your student leaders if you need to borrow any of these items and *did not* originally mark this on your online registration form.