

HAMILTON Volleyball Elite Camp

Register Now - Enrollment is Limited







Session Dates: Friday, July 24- Sunday, July 26, 2015

For further information, please contact:

Erin Glaser, Camp Director

Hamilton College Athletics,

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http://www. hamilton.edu/summercamps







Go to our website to register online:

http://www.hamilton.edu/summercamps

All campers must submit a camp health form with current and accurate medical information. You may submit a photocopy of your child's Record of Immunizations (may be obtained from your physician) in lieu of completing the immunization section of the form. The immunization record must include dates. All campers must also submit a Parental Permission/Hold Harmless Agreement. Both forms can be found on the Hamilton College Summer Camps website.

Meet the Camp Director:



Erin Glaser, Camp Director, has guided the Hamilton College volleyball program to 76 wins in seven years as head coach, including a 15-12 record in 2014. Glaser led the Continentals to new heights last fall as they advanced to the NESCAC Championship quarterfinals for the first time on the strength of the team's best finish in the conference standings in program history. One of her players was selected the NESCAC co-Defensive Player of the Year and made the all-conference

and Division III all-region teams. Hamilton players were ranked in the conference's top 10 in four major statistical categories. Another player received New England Rookie of the Week honors from the Eastern College Athletic Conference.

The Program:

The overnight elite camp is suited for advanced players considering playing at the collegiate level. This camp will feature many fast paced, competitive games, as well as skill advancement with a strong focus on in-game IQ development. Campers will be expected to have knowledge of offensive systems (6-2, 5-1, etc.), defensive systems (rotational, perimeter, middle/middle, etc.), serve receive patterns and specialization, zones of the court, and other similar volleyball familiarity. This camp is open to rising 10th graders through recently graduated high school students.

Camp Highlights:

- Learn from college coaches and players
- Emphasis on competition and in-game IQ development
- College Recruitment/Admissions Q & A
- Individual instruction available
- Every camper receives individual evaluation
- Camp T-shirt

Camp Details:

Camp will *begin* on Friday, July 24 and *end* on Sunday, July 26. Check-in will be from 11:30 a.m. until 12:00 p.m. on Friday, July 24 and check-out will be from noon to 1 p.m. on Sunday, July 26.

Cost:

The total cost of the Hamilton Elite Volleyball Camp is \$395 for boarders. Includes room, board, camp-t, and airport transportation to/from Syracuse Airport if needed, and \$355 for commuters. 20% off total if signed up for Day and Elite Camp.

Sample Itinerary:

7:30-8:30 a.m.	Breakfast
9:00-9:15 a.m.	Demo Stations
9:15-9:30 a.m.	Fun camp warm-up
9:30-11:30 a.m.	Serving, Attacking,
	Passing Stations
12:00-1:00 p.m.	Lunch
1:30 p.m.	Set up into teams
1:30-4:00 p.m.	6 v. 6 Tournament
4:00-5:00 p.m.	Recruiting Speaker
5:00-6:00 p.m.	Dinner
6:15-8:30 p.m.	6 v. 6 Tournament
9:00-10:00 p.m.	Camp Store Open
11:00 p.m.	Lights Out

To Apply: Please registration online: www.hamilton.edu/summercamps