Dublin, Ireland. She received her master’s in sports administration from East Carolina. She hails from Ireland and was a member of Ireland’s National Junior team in 1985 and 1986.

Gilligan was a four-year all-conference selection and was a team captain in 1992 and 1993. She was a three-time All-American at Methodist College and helped lead the program to the NCAA semifinals twice. Gilligan was also involved in coaching the Olympic Development Program in Minnesota, Tennessee and North Carolina.

Gilligan guided the program to unprecedented success in 2007. The Continentals advanced to the NCAA quarterfinals for the first time, set program records for wins (16) and goals (55) in a season and led the nation with a team save percentage of 917. Hamilton completed its first unbeaten regular season (13-0-1) and earned a share of the league’s regular-season title. After the Continentals finished with a 16-2-2 record, they were ranked seventh – the program’s highest ranking ever – in the final poll.

Gilligan guided Hamilton to a 15-2-1 record in 2004. The Continentals captured their first regular-season and postseason league titles, and earned their first NCAA championship appearance and tournament victory. The Continentals also made their first appearance ever in the NCAA Division III tournament.

About the NESCAC

Founded in 1971, the New England Small College Athletic Conference (NESCAC) is a group of 11 highly selective liberal arts colleges and universities that share a similar philosophy for intercollegiate athletics. The Conference was created out of a concern for the direction of intercollegiate athletic programs and remained committed to keeping a proper perspective on the role of sport in higher education.

NESCAC members believe intercollegiate athletic programs should operate in harmony with the educational mission of each institution. The Conference is committed to establishing common standards to keep athletics strong but in proportion to the overall academic mission of the member institutions. In pursuit of this ideal, the presidents of each NESCAC institution control intercollegiate athletic policy. Conference tenets are usually more restrictive than those of the NCAA Division III policy. Conference tenets are usually more restrictive than those of the NCAA Division III policy. Conference tenets are usually more restrictive than those of the NCAA Division III policy.

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Blood Fitness Center

The soccer team takes advantage of the Charlean and Wayland Blood Fitness and Dance Center, which opened in 2006. The Center includes a state-of-the-art weight room that features five Olympic platforms, two jammers, a leaper, a squat machine, two GHRs, a reverse-hyper machine, safety bars, x-bars, fat bars and swiss bars, along with full sets of kettlebells and dumbbells. The team works with strength and conditioning coach Paul Adey, who directs workouts for the team in and out of the season.

2012 Award Winners

NSCAA Division III All-New England Region Team Alex Rimmer ’13 (Third Team)

NESCAC All-Conference Team Alex Rimmer ’13 (Second Team) Meg Alexander ’15 (Second Team)

NESCAC Player of the Week Hannah Willham ’16 (Sept. 10) Alex Rimmer ’13 (Sept. 17)

NESCAC Fall All-Academic Team Meg Alexander ’15 Alyssa DiCosmo ’15 Liza Gergenti ’14 Emily Grund ’15 Rachel Hirsch ’15 Melanie Miller ’15 Jacqueline Winter ’14